



Championship Time Standards

Girls							10 and Under	Boys						
Districts			Championship					Championship				Districts		
LCM	SCM	SCY	LCM	SCM	SCY Bonus	SCY		SCY	SCY Bonus	SCM	LCM	SCY	SCM	LCM
43.59	43.69	39.29	37.19	36.39	34.39	32.79	50 Free	32.99	34.59	36.59	37.39	39.99	44.39	42.79
01:40.09	01:41.19	01:31.09	01:22.59	01:20.99	01:16.59	01:12.99	100 Free	01:13.79	01:17.39	01:21.89	01:23.49	01:30.89	01:40.89	01:35.59
03:27.89	03:29.09	03:08.29	03:02.79	02:59.59	02:49.79	02:41.79	200 Free	02:43.59	02:51.69	03:01.49	03:04.69	03:08.69	03:29.09	03:19.69
53.09	53.79	48.39	43.49	42.89	40.59	38.69	50 Back	39.49	41.39	43.79	44.39	47.69	52.99	53.09
01:56.99	02:01.69	01:49.59	01:33.89	01:32.69	01:27.69	01:23.59	100 Back	01:25.69	01:29.89	01:35.09	01:36.29	01:51.59	02:03.89	01:56.99
56.49	01:01.29	55.19	49.89	48.89	46.29	44.09	50 Breast	44.89	47.09	49.79	49.19	56.19	01:02.39	58.99
02:06.79	02:15.09	02:01.69	01:50.19	01:48.19	01:42.29	01:37.49	100 Breast	01:39.29	01:44.19	01:50.19	01:52.19	02:04.19	02:17.89	02:06.79
56.99	55.79	50.19	42.79	42.09	39.89	37.99	50 Fly	38.99	40.89	43.19	43.89	50.29	55.89	56.99
01:59.99	02:03.19	01:50.99	01:43.69	01:42.39	01:36.79	01:32.19	100 Fly	01:34.29	01:38.99	01:44.59	01:45.99	01:51.99	02:04.39	01:59.99
	01:48.69	01:37.89		01:33.49	01:28.49	01:24.29	100 IM	01:25.29	01:29.49	01:34.59		01:37.89	01:48.69	
03:54.79	03:44.09	03:21.89	03:25.49	03:22.29	03:11.39	03:02.29	200 IM	03:05.29	03:14.49	03:25.59	03:28.79	03:26.69	03:49.49	03:55.99
			02:50.09	02:32.89 05:40.39		02:17.69 05:06.59	200 Free Relay 400 Free Relay	02:18.89 05:09.79		02:34.19 05:43.89	02:50.09			
			03:10.09	02:59.29		02:41.49	200 Medley Relay	02:44.69		03:02.89	03:10.09			



Championship Time Standards

Girls							11-12	Boys						
Districts			Championship					Championship				Districts		
LCM	SCM	SCY	LCM	SCM	SCY Bonus	SCY		SCY	SCY Bonus	SCM	LCM	SCY	SCM	LCM
36.19	38.59	34.69	32.19	31.39	29.69	28.29	50 Free	28.39	29.79	31.49	32.29	34.59	38.39	37.09
01:22.59	01:23.99	01:15.59	01:10.59	01:08.99	01:05.29	01:02.19	100 Free	01:02.49	01:05.59	01:09.29	01:10.89	01:15.49	01:23.79	01:23.09
02:52.89	02:51.19	02:34.19	02:34.79	02:31.59	02:23.39	02:16.59	200 Free	02:17.19	02:23.99	02:32.19	02:35.39	02:33.29	02:50.19	02:51.19
06:04.59	06:01.39	06:56.59	05:28.59	05:19.39	06:26.59	06:08.19	400/500 Free	06:11.59	06:30.17	05:22.29	05:31.59	06:51.59	05:56.99	06:03.99
43.19	45.19	40.69	37.29	36.69	34.69	33.09	50 Back	33.79	35.39	37.49	38.09	42.39	47.09	45.59
01:36.09	01:36.59	01:26.99	01:19.89	01:18.69	01:14.39	01:10.89	100 Back	01:12.49	01:16.09	01:20.39	01:22.59	01:33.09	01:43.39	01:37.99
			02:55.59	02:47.29	02:38.96	02:31.39	200 Back	02:27.99	02:35.39	02:43.49	02:52.19			
48.99	50.19	45.19	43.09	42.09	39.89	37.99	50 Breast	38.19	40.09	42.39	43.39	45.79	50.89	50.59
01:46.99	01:49.29	01:38.39	01:33.49	01:31.49	01:26.59	01:22.49	100 Breast	01:24.09	01:28.29	01:33.29	01:35.29	01:39.29	01:50.29	01:49.59
			03:19.49	03:12.39	03:02.79	02:54.09	200 Breast	02:47.09	02:55.44	03:04.59	03:12.59			
42.09	42.79	38.49	35.59	34.89	32.99	31.49	50 Fly	32.29	33.89	35.79	36.49	39.99	44.39	42.59
01:43.09	01:42.89	01:32.69	01:22.29	01:20.89	01:16.49	01:12.89	100 Fly	01:13.89	01:17.49	01:21.99	01:23.39	01:32.79	01:42.99	01:43.09
			02:55.59	02:51.29	02:42.74	02:34.99	200 Fly	02:31.39	02:38.96	02:47.29	02:53.19			
	01:32.39	01:23.19		01:18.99	01:14.69	01:11.19	100 IM	01:12.29	01:15.89	01:20.19		01:22.09	01:31.19	
03:17.69	03:14.59	02:55.29	02:56.99	02:51.49	02:42.19	02:34.49	200 IM	02:36.99	02:44.79	02:54.19	02:57.39	02:55.99	03:15.39	03:17.49
			02:22.09	02:13.19		01:59.99	200 Free Relay	02:00.89		02:14.19	02:22.09			
			05:14.09	04:51.29		04:22.39	400 Free Relay	04:26.39		04:55.69	05:14.09			
			02:50.09	02:36.79		02:21.19	200 Medley Relay	02:23.59		02:39.39	02:50.09			



Championship Time Standards

Girls							13-14	Boys						
Districts			Championship					Championship				Districts		
LCM	SCM	SCY	LCM	SCM	SCY Bonus	SCY		SCY	SCY Bonus	SCM	LCM	SCY	SCM	LCM
34.39	36.59	32.89	30.29	29.49	27.89	26.59	50 Free	24.99	26.19	27.69	28.49	29.99	33.29	33.59
01:15.99	01:16.09	01:08.49	01:05.69	01:04.09	01:00.59	57.79	100 Free	54.49	57.19	01:00.39	01:01.99	01:05.59	01:12.89	01:13.59
02:42.09	02:42.99	02:26.79	02:24.29	02:21.09	02:13.49	02:07.19	200 Free	02:00.59	02:06.59	02:13.79	02:16.99	02:15.69	02:30.69	02:39.09
05:48.99	05:39.89	06:31.79	05:06.29	04:57.69	06:00.29	05:43.19	400/500 Free	05:28.79	05:45.19	04:47.69	04:53.49	06:16.99	05:30.99	05:38.19
11:58.79	12:08.59	13:59.99	11:04.99	10:46.29		12:25.09	800/1000 Free	11:44.69		10:11.19	10:28.89	12:48.99	11:06.99	11:20.09
22:20.09	22:28.99	22:46.49	20:31.09	20:24.19		20:40.09	1500/1650 Free	19:39.49		19:24.39	20:02.99	20:58.39	20:42.29	20:55.09
01:31.99	01:29.09	01:20.19	01:14.29	01:13.09	01:09.09	01:05.89	100 Back	01:03.19	01:06.29	01:10.09	01:11.29	01:18.59	01:27.29	01:31.09
03:17.69	03:11.99	02:52.89	02:41.09	02:38.69	02:30.09	02:22.99	200 Back	02:18.69	02:25.59	02:33.89	02:36.29	02:45.19	03:03.39	03:09.69
01:43.09	01:42.69	01:32.49	01:25.59	01:23.59	01:19.09	01:15.39	100 Breast	01:11.89	01:15.39	01:19.79	01:21.79	01:28.09	01:37.79	01:44.09
03:41.99	03:39.69	03:17.89	03:10.89	03:06.89	02:56.79	02:48.39	200 Breast	02:38.89	02:46.79	02:56.29	03:00.29	03:00.09	03:19.89	03:36.99
01:35.09	01:31.79	01:22.69	01:15.09	01:13.69	01:09.69	01:06.39	100 Fly	01:02.69	01:05.79	01:09.59	01:10.99	01:19.49	01:28.29	01:31.09
03:18.69	03:16.69	02:57.19	02:52.59	02:49.79	02:40.59	02:32.99	200 Fly	02:27.69	02:34.99	02:43.89	02:46.69	02:47.59	03:06.09	03:15.69
03:07.89	03:06.29	02:47.79	02:42.79	02:39.59	02:30.89	02:23.79	200 IM	02:16.09	02:22.89	02:30.99	02:34.19	02:34.19	02:51.19	03:01.29
07:00.19	06:44.99	06:04.79	05:51.59	05:44.89	05:26.29	05:10.79	400 IM	05:03.99	05:19.19	05:37.39	05:43.79	05:40.79	06:18.29	06:39.99
			02:15.09	02:06.59		01:53.99	200 Free Relay	01:47.99		01:59.89	02:08.09			
			04:50.09	04:34.09		04:06.89	400 Free Relay	03:55.79		04:21.79	04:34.09			
			02:41.69	02:22.19		02:08.09	200 Medley Relay	02:03.39		02:16.99	02:29.09			
			05:38.09	05:15.89		04:44.59	400 Medley Relay	04:34.19		05:04.39	05:26.19			



Championship Time Standards

Girls							Senior	Boys						
Districts			Championship					Championship				Districts		
LCM	SCM	SCY	LCM	SCM	SCY Bonus	SCY		SCY	SCY Bonus	SCM	LCM	SCY	SCM	LCM
35.09	37.19	33.49	29.59	28.79	<i>27.19</i>	25.99		50 Free	23.09	<i>24.19</i>	25.59	26.39	29.89	33.19
01:14.09	01:20.19	01:12.19	01:03.89	01:02.29	<i>58.99</i>	56.19	100 Free	50.29	<i>52.79</i>	55.79	57.39	01:04.79	01:11.99	01:06.09
02:40.09	02:40.27	02:24.39	02:18.59	02:15.39	<i>02:08.09</i>	02:01.99	200 Free	01:51.49	<i>01:56.99</i>	02:03.69	02:06.89	02:11.09	02:25.59	02:21.09
05:39.79	05:34.79	06:25.99	04:49.79	04:44.19	<i>05:40.99</i>	05:24.79	400/500 Free	05:02.89	<i>05:17.99</i>	04:23.69	04:30.29	05:46.09	05:00.19	05:00.09
11:45.09	11:20.39	13:04.39	10:17.69	10:00.39		11:32.19	800/1000 Free	10:45.09		09:19.49	09:35.69	12:16.99	10:39.19	10:30.09
22:00.09	21:51.69	22:08.69	20:13.49	19:34.89		19:50.09	1500/1650 Free	18:16.09		18:02.09	18:30.09	20:39.19	20:23.29	20:00.09
01:29.09	01:33.19	01:23.89	01:12.49	01:11.29	<i>01:07.49</i>	01:04.29	100 Back	57.89	<i>01:00.69</i>	01:04.19	01:05.39	01:16.09	01:24.49	01:20.09
03:02.79	03:09.49	02:50.69	02:37.59	02:35.19	<i>02:26.79</i>	02:19.89	200 Back	02:07.89	<i>02:14.19</i>	02:21.89	02:24.39	02:35.29	02:52.39	02:47.89
01:42.09	01:40.99	01:30.99	01:23.49	01:21.49	<i>01:17.09</i>	01:13.49	100 Breast	01:04.89	<i>01:08.09</i>	01:11.99	01:13.99	01:22.09	01:31.19	01:29.09
03:32.99	03:36.19	03:14.69	03:01.69	02:57.69	<i>02:48.09</i>	02:40.09	200 Breast	02:25.09	<i>02:32.29</i>	02:40.99	02:44.99	02:48.49	03:07.09	03:13.79
01:29.09	01:35.19	01:25.69	01:11.09	01:09.69	<i>01:05.89</i>	01:02.79	100 Fly	56.69	<i>59.49</i>	01:02.89	01:04.29	01:13.89	01:22.09	01:17.09
03:12.69	03:10.39	02:51.49	02:40.99	02:38.19	<i>02:29.69</i>	02:22.59	200 Fly	02:13.19	<i>02:19.79</i>	02:27.79	02:30.59	02:35.39	02:52.49	02:44.79
03:05.49	02:55.29	02:37.89	02:36.19	02:32.99	<i>02:24.69</i>	02:17.89	200 IM	02:05.89	<i>02:12.09</i>	02:19.69	02:22.89	02:26.09	02:42.19	02:42.09
06:28.99	06:07.89	05:31.39	05:33.99	05:27.59	<i>05:09.89</i>	04:55.19	400 IM	04:34.89	<i>04:48.59</i>	05:05.09	05:11.49	05:52.29	06:05.59	05:53.29
			02:10.09	02:02.69		01:50.49	200 Free Relay	01:37.99		01:48.79	01:55.09			
			04:45.09	04:22.99		03:56.89	400 Free Relay	03:32.49		03:55.89	04:13.09			
			10:00.09	09:29.79		08:33.29	800 Free Relay	07:48.39		08:39.99	10:00.09			
			02:35.09	02:15.96		02:02.49	200 Medley Relay	01:50.39		02:02.59	02:17.09			
			05:30.09	05:02.24		04:32.29	400 Medley Relay	04:05.39		04:32.39	04:50.09			