

**TOPEKA SWIM ASSOCIATION  
TRUE BLUE IGLOO MEET  
JANUARY 6-8, 2017**

**MEET HOST:** Topeka Swim Association

**MEET FORMAT:** Age Group Preliminary/Final and Timed Final Meet; 8 & under, 10 & under, 11-12, 13-14 and 15 & Older. Relays will be a single 12 & Under age group.

11-12 events will be preliminary/finals with one heat in finals (8 swimmers), except as noted.

13-14 and 15& Over events will be preliminary/finals with two heats in finals (16 swimmers), except if less than 16 swimmers enter a preliminary/finals event, the event will have only one heat in finals (8 swimmers.)

All relays will be timed final and be swum in the preliminary sessions (afternoon session.)

All events on Friday will be timed final.

**LOCATION:** Capitol Federal Natatorium, 530 Tuffy Kellogg Drive, Topeka, KS 66606

**SANCTION:** Held under the Sanction of Missouri Valley Swimming, Inc., on behalf of USA Swimming, Inc., Sanction Number: **MV-17-01**

**OFFICIALS:**

|                 |                |                |  |
|-----------------|----------------|----------------|--|
| Meet Directors: | Linda Millhuff | (785) 213-0210 | <a href="mailto:chas-lin@cox.net">chas-lin@cox.net</a>         |
|                 | Deb Walz       | (785) 409-9022 | <a href="mailto:Deb.Walz@imacorp.com">Deb.Walz@imacorp.com</a> |
|                 | Jeff Walz      | (785) 409-9000 | <a href="mailto:jswalz99@gmail.com">jswalz99@gmail.com</a>     |
| Entries Chair:  | Shawn Geil     | (785) 249-5051 | <a href="mailto:entries@swimtsa.com">entries@swimtsa.com</a>   |
| Meet Referee:   | Dave Carpenter | (785) 640-9762 | <a href="mailto:dccarpenter@cox.net">dccarpenter@cox.net</a>   |
| Lead Starter:   | Holly Fisher   | (785) 213-6531 | <a href="mailto:hollyfish@cox.net">hollyfish@cox.net</a>       |
| Admin Official: | Shawn Geil     | (785) 249-5051 | <a href="mailto:shawn.geil@gmail.com">shawn.geil@gmail.com</a> |
| Safety Marshal: | Kyle Larson    | (785) 286-0432 | <a href="mailto:kklarson97@gmail.com">kklarson97@gmail.com</a> |

**RULES:** Current USA Swimming Rules and Missouri Valley Safety Guidelines and Warm-Up Procedures shall be in effect.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Flyover starts will be used as necessary to ensure that meet sessions are completed in a timely manner.

Deck changes are prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or other designated areas.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**TOPEKA SWIM ASSOCIATION  
TRUE BLUE IGLOO MEET  
JANUARY 6-8, 2017**

**ELIGIBILITY:** Swimmers must be registered USAS athletes for 2017. Current registration for all athletes will be verified by the Missouri Valley Swimming Registration Coordinator prior to the meet. Those not registered will not be allowed to swim in this meet. Swimmer's age on the first day of the meet determines age for the entire meet. Coaches must be 2017 registered coach members of USA Swimming and be current on all required lifeguard/first aid certifications and completed the required background screening and Athlete Protection Training.

**COURSES:** Two (2) Twenty-Five (25) Yard Courses will be available for the meet. Both the East Course and West Course will utilize Colorado Timing System equipment and an eight (8) line graphics scoreboard. Both courses have Keifer competition lane lines and Paragon and Spectrum competition starting blocks. The depth of the East Course is thirteen feet at each end. The depth of the West Course is five feet at the start end and four feet at the turn end. In the discretion of the Meet Referee, some swimmers or events may be swum in the West Course. A separate four-lane 25 yard warm up/warm down pool will be available. The competition courses have been certified in accordance with 104.2.2C(4). A copy of the certification is on file with USA Swimming.

| <b>STARTING TIME:</b> | <b><u>Age Groups</u></b> | <b><u>Warm-Ups</u></b>    | <b><u>Meet Starts</u></b> |
|-----------------------|--------------------------|---------------------------|---------------------------|
| Friday                | All Ages                 | 4:00 pm                   | 5:00 pm                   |
| Saturday Morning      | 13 & Over                | 7:00 am                   | 8:15 am                   |
| Saturday Afternoon    | 12 & Under               | Not earlier than 11:30 am | Not earlier than 12:30 pm |
| Saturday Finals       | All Ages                 | Announced at the Meet     | TBA at Meet               |
| Sunday Morning        | 13 & Over                | 7:00 am                   | 8:15 am                   |
| Sunday Afternoon      | 12 & Under               | Not earlier than 11:30 am | Not earlier than 12:30 pm |
| Sunday Finals         | All Ages                 | Announced at the Meet     | TBA at Meet               |

Projected start times for the afternoon sessions will be published prior to the meet.

**WARM-UPS:**

Depending on session numbers, warm-ups may be split into two sessions. Lane assignments for Friday and prelim sessions will be available by January 3, 2017. Finals will be a general open warm-up. During general warm-ups the following MVS safety rules will apply:

1. All lanes general warm up only;
2. Circle swimming only;
3. ***Swimmers may not dive or jump into the pool during general warm up. Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for that session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up.***
4. No diving, use of the starting blocks, or racing starts off pool edge;
5. At any time during general warm ups, the coach of a team in control of any lane may convert the team's lane into a sprint lane by:
  - a. Removing all swimmers in that lane from the water.
  - b. Informing coaches in adjacent lanes.
  - c. Informing the safety marshal.
  - d. Following all guidelines for sprint lanes.

**ENTRIES:** Entries shall be submitted in Hy-tek format and are to be submitted via e-mail to the Entries Chair by the entry deadline. All entries must include each swimmer's 2017 USA Swimming registration number. "No-time" entries will be accepted and will be seeded in the slowest heat(s). ***Entry times must be in short course yard times only.***

**TOPEKA SWIM ASSOCIATION  
TRUE BLUE IGLOO MEET  
JANUARY 6-8, 2017**

Swimmers 10 and Under may swim a maximum of five individual events and one relay per day. Swimmers 11 and Over may swim a maximum of three individual events and one relay per day.

The number of swimmers for this meet will be limited to ensure the timely completion of sessions. As a result, it is possible that some entries received prior to the entry deadline may NOT be entered in the meet. Topeka Swim Association has the sole discretion to determine which entries to accept. In exercising this discretion, Topeka Swim Association will consider: when entries are received, number of officials provided by team, balance of age groups and gender by entries, level of competition and geographic location. The Entries Chair and Meet Referee will make the final determination on accepting and/or limiting entries. Teams will be notified as soon as possible if their swimmers are not entered in the meet.

**ENTRY DEADLINE:** Entries will not be accepted before 8:00am CST, November 15<sup>th</sup>, 2016. Entry deadline is 8:00 pm CST, December 17<sup>th</sup>, 2016. This meet may fill up early, so meet entries submitted by the deadline will not be guaranteed a spot in the meet. All entries must also include the coach's name and the name and phone number of the team's entries chairperson. Psych sheets for events that are limited will be emailed to coaches no later than December 28, 2016. Those swimmers not making the cut may select a substitute event provided the coach provides notice by e-mail to the entry chair not later than 8:00 pm CST on January 2, 2017. There will not be a late fee assessed for this substitute event.

Send entries to:       **Shawn Geil**  
                                  e-mail: [entries@swimtsa.com](mailto:entries@swimtsa.com)  
                                  785.249.5051

**ENTRY FEES:** Individual events are \$4.50 per event. Relays are \$7.00 per event. Late and deck entry fees are \$9.00 per Individual Event, \$14.00 per Relay Event and will be accepted only at the discretion of the Administrative Official and Meet Referee. Swimmers who add events are subject to late entry. Please do not send individual checks for each swimmer.

Checks should be made payable to: **TOPEKA SWIM ASSOCIATION, INC.**

Send payment to:       Topeka Swim Association  
                                  P. O. Box 3755  
                                  Topeka, Kansas 66604

**EVENT LIMITS:** Any combination of events may be limited to ensure the timely completion of a session. Coaches will be notified by email if swimmers are affected by limits prior to the meet. TSA reserves the right to swim any TSA swimmer regardless of entry time.

**SEEDING:** The meet will be "deck seeded." The 400 IM, 500, and 1650 Frees' will be swum fastest to slowest, and will alternate girl's & boy's heats. Deck entries will be accepted at the discretion of the Administrative Official and Meet Referee. Age groups within an event may be combined with awards given separately.

*For the 13 – 14 age group and the 15 and Over age group prelim/final events.* For the preliminaries the age groups will be seeded and swam together and then separated for finals.

**POSITIVE CHECK-IN:** Positive check-in is required for the 400 IM, and 500 and 1650 Frees. See the Scratches section for deadlines. A swimmer failing to positive check-in will be scratched from event at the discretion of the Administrative Official and the Meet Referee.

**SCRATCHES:** Scratches shall be in accordance with USA Swimming Rules 207.11.6. and the deadlines in this section.

**TOPEKA SWIM ASSOCIATION  
TRUE BLUE IGLOO MEET  
JANUARY 6-8, 2017**

Scratches for Friday's session will be 60 minutes prior to the start of the session. Scratches for Saturday morning and afternoon sessions will be 6:00 pm **FRIDAY**. Scratches for Sunday morning and afternoon sessions will be 6:00 pm on **SATURDAY**. Scratches may be submitted prior to the first day of the meet via email to the Entries Chair.

**FAILURE TO COMPETE PENALTY:** Per USA Swimming Rule 207.11.6 there is no penalty for failure to compete in timed finals events. In preliminary heats of prelim/finals events the penalty is barred from subsequent events the remainder of the day AND must declare their intent to swim subsequent days prior to the scratch deadline. For finals heats in prelim/finals events the penalty is barred from the remainder of the meet.

**BULLPEN:** There will be a bullpen area for the 8 & Under events on Saturday only.

**HEAT SHEETS:** Meet Programs will be available.

**CONCESSIONS:** USD 501 School District concessions will be available.

**SPORTSWEAR:** The Starting Block will be set up during the meet selling swimwear/sportswear and aquatic accessories. The Starting Block is located at:

8323 E Douglas Ave.  
Wichita KS 67207  
316-683-1491

1444 North Maize  
Wichita, KS 67212  
316-558-3700

**AWARDS:** Individual Events Ribbons 1<sup>st</sup> thru 8<sup>th</sup>  
Relay Events Ribbons 1<sup>st</sup> thru 3<sup>rd</sup>, awarded as 12 & Under only

**TIMERS & LAP COUNTERS:** *Swimmers competing in the 400 IM must provide their own timers. Swimmers in distance events (500 Free, & 1650 Free) are required to provide their own timers and lap counters for their swims.*

Attending clubs may be requested to provide backup timers at various sessions.

**OFFICIALS:** Topeka Swim Association welcomes any visiting officials who would like to officiate. Any interested persons should contact the Meet Referee to make arrangements. All Officials must be 2017 registered members of the USA Swimming and shall be currently certified. All Officials shall also have completed the required background screening requirements and have completed the required Athlete Protection Training.

**RESULTS:** Results will be posted on the Topeka Swim Association ([www.swimtsa.com](http://www.swimtsa.com)) website, Meet Mobile and the Missouri Valley Swimming ([www.missourivalleyswimming.com](http://www.missourivalleyswimming.com)) website and may include the swimmers name, age, times, and USA Swimming number.

**TOPEKA SWIM ASSOCIATION  
TRUE BLUE IGLOO MEET  
JANUARY 6-8, 2017**

**DIRECTIONS:** Take I-70 to the MacVicar exit. Go south on MacVicar to 6<sup>th</sup> Avenue and take a right (west), go on 6th (approx. 1/4 mile) until you get to the entrance to the Hummer Sports Park. Make a right (north) turn into the park. The Capitol Federal Natatorium is on your right.

**HOTELS:** The Clubhouse Inn and Suites  
924 SW Henderson Rd.  
Topeka, KS 66615  
(785) 273-8888

Capitol Plaza Hotel and Convention Center  
1717 SW Topeka Blvd.  
Topeka, KS 66612  
(800) 579-7937

Ramada Topeka West  
605 SW Fairlawn  
Topeka, KS 66606  
(785)272-8040

**Swimmers in the 400 IM must provide their own timers. Swimmers in the 500 and 1650 Free must provide their own timers and counter.**

**TOPEKA SWIM ASSOCIATION  
TRUE BLUE IGLOO MEET  
JANUARY 6-8, 2017**

**Order of Events**

**Friday Evening Session**

| <b>Starts at 5:00pm</b> |                     |             |
|-------------------------|---------------------|-------------|
| <b>Girls</b>            | <b>Event</b>        | <b>Boys</b> |
| 1                       | 13 & Over 50 Free   | 2           |
| 3                       | 10 & Under 200 Free | 4           |
| 5                       | 15 and Over 200 IM  | 6           |
| 7                       | 13-14 200 IM        | 8           |
| 9                       | 11-12 200 IM        | 10          |
| 11                      | 10 & Under 200 IM   | 12          |
| 13                      | 11-12 500 Free      | 14          |
| 15                      | 13 & Over 1650 Free | 16          |

**Saturday 13&Over Session**

| <b>Starts at 8:15am</b> |                      |             |
|-------------------------|----------------------|-------------|
| <b>Girls</b>            | <b>Event</b>         | <b>Boys</b> |
| 17                      | 13-14 100 Fly        | 18          |
| 19                      | 15 & Over 100 Fly    | 20          |
| 21                      | 13-14 200 Free       | 22          |
| 23                      | 15 & Over 200 Free   | 24          |
| 25                      | 13-14 200 Back       | 26          |
| 27                      | 15 & Over 200 Back   | 28          |
| 29                      | 13-14 100 Breast     | 30          |
| 31                      | 15 & Over 100 Breast | 32          |
| 33                      | 13&Over 400 IM       | 34          |

**Saturday Finals:** Events 57-58 swim after Events 17-20; Events 51-52 swim after Events 21-24; Events 35-36 swim after 25-28; Events 41-42 swim after 29-32; Events 47-48 swim BEFORE 33-34.

**Saturday 12&Under Session**

| <b>Starts no earlier than<br/>12:30pm</b> |                           |             |
|---|---------------------------|-------------|
| <b>Girls</b>                              | <b>Event</b>              | <b>Boys</b> |
| 35  | 11-12 100 Back            | 36          |
| 37  | 10&Under 100 Back         | 38          |
| 39  | 8&Under 25 Back           | 40          |
| 41  | 11-12 50 Breast           | 42          |
| 43  | 10&Under 50 Breast        | 44          |
| 45  | 8&Under 25 Breast         | 46          |
| 47  | 11-12 100 IM              | 48          |
| 49  | 10&Under 100 IM           | 50          |
| 51  | 11-12 50 Free             | 52          |
| 53  | 10&Under 50 Free          | 54          |
| 55  | 8&Under 25 Free           | 56          |
| 57  | 11-12 100 Fly             | 58          |
| 59  | 10&Under 100 Fly          | 60          |
| 61  | 8&Under 25 Fly            | 62          |
| 63  | 12 & Under 200 Free Relay | 64          |

**Sunday 13&Over Session**

| <b>Starts at 8:15am</b> |                      |             |
|-------------------------|----------------------|-------------|
| <b>Girls</b>            | <b>Event</b>         | <b>Boys</b> |
| 65                      | 13-14 100 Free       | 66          |
| 67                      | 15 & Over 100 Free   | 68          |
| 69                      | 13-14 200 Fly        | 70          |
| 71                      | 15 & Over 200 Fly    | 72          |
| 73                      | 13-14 100 Back       | 74          |
| 75                      | 15 & Over 100 Back   | 76          |
| 77                      | 13-14 200 Breast     | 78          |
| 79                      | 15 & Over 200 Breast | 80          |
| 81                      | 13&Over 500 Free     | 82          |

**Sunday Finals:** Events 91-92 swim after Events 65-68; Events 87-88 swim after Events 69-72; Events 95-96 swim after Events 73-76; Events 83-84 swim after Events 77-80; Events 99-100 swim BEFORE Events 81-82.

**Sunday 12&Under Session**

| <b>Starts no earlier than<br/>12:30pm</b> |                                |             |
|---|--------------------------------|-------------|
| <b>Girls</b>                              | <b>Event</b>                   | <b>Boys</b> |
| 83  | 11-12 100 Breast               | 84          |
| 85  | 10 & Under 100 Breast          | 86          |
| 87  | 11-12 50 Fly                   | 88          |
| 89  | 10 & Under 50 Fly              | 90          |
| 91  | 11-12 100 Free                 | 92          |
| 93  | 10 & Under 100 Free            | 94          |
| 95  | 11-12 50 Back                  | 96          |
| 97  | 10 & Under 50 Back             | 98          |
| 99  | 11-12 200 Free                 | 100         |
| 101                                       | 12 & Under 200 Medley<br>Relay | 102         |

**Swimmers in the 400 IM must provide their own timers. Swimmers in the 500 and 1650 Free must provide their own timers and counter.**