

**2019 JTSC ALOHA MEET**  
**MAY 17-19, 2019**  
MEET SANCTION # OK19-031  
TIME TRIAL SANCTION # OK19-032

**This event is held under the Sanction of USA-Swimming and Oklahoma Swimming.**

- HOST:** Jenks Trojan Swim Club
- LOCATION:** **Jenks Trojan Aquatic Center**  
495 North Birch Street (between "B" and "F" Streets)  
Jenks, OK, 74037
- MEET DIRECTORS:** Pre/Post meet: Ali Baker, [ali.baker@jenksps.org](mailto:ali.baker@jenksps.org) 918-852-9830  
During Meet: Brian Powers, [briancp@gmail.com](mailto:briancp@gmail.com) 918-808-2743  
During Meet: Kent Keith, [jkentkeith@aol.com](mailto:jkentkeith@aol.com) 918-704-4877
- ENTRY COORDINATOR:** Ali Baker, [jtscentries@gmail.com](mailto:jtscentries@gmail.com) (This email address is for ENTRIES ONLY)
- MEET REFEREE:** Jon Vanderpool [jonj.vanderpool@gmail.com](mailto:jonj.vanderpool@gmail.com) 918-804-0311
- MEET ADMIN OFFICIAL:** Jessica Fenton, [jessica@southsidemowers.com](mailto:jessica@southsidemowers.com) 918-606-2824  
Michele Brown, [michele.brown@centurylink.com](mailto:michele.brown@centurylink.com) 918-638-0279
- ELIGIBILITY:** The meet is open only to USA Swimming-registered swimmers. Swimmer's age as of May 17<sup>th</sup>, 2019, determines age for the meet. No swimmer will be allowed to compete unless the swimmer is a member as provided in Article 302. All swimmers must be under the direct supervision of a USA Swimming registered coach. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmer in attendance without a coach present: USA Swimming athlete members must be under the direct supervision of a USA Swimming member coach during warm up, competition and warm down. The Meet Director or the Meet Referee shall assist the athlete in making arrangements for such supervision. OKS warm-up procedures will be enforced.
- JTSC will provide assistance to any athlete who applies for registration with Oklahoma Swimming through the Clerk of Course at this meet. Registration forms will be available at the Clerk of Course.

- ENTRY LIMITS:** Each swimmer may enter a maximum of two (2) events on Friday, and three (3) individual events Saturday and Sunday. Maximum of eight (8) individual events. Entries will be limited to the last team who submits their entries and reaches the 600 swimmer limit. No team will be split.
- ENTRY FEES:** **Individual Event Entry fee is \$5.00 (\$2.00 goes to OKS Aquatic Fund) \$20.00 swimmer surcharge for each athlete participating in the meet.**  
The swimmer surcharge is required for all participants including relay only athletes. Each team should make one check payable to: to Jenks Community Education "JCE" for all entry fees. Entry fees including any entry surcharges must be received prior to the start of the meet.
- Send entry payment to:  
Attn: Austin Kelley  
Aquatic Center  
205 East B Street  
Jenks, OK 74037
- DECK ENTRIES:** **Deck entries will be \$10.00 per individual event (\$2.00 goes to OKS).** A swimmer who is not previously entered in the meet must also pay the \$20 surcharge and show proof of USA Swimming membership. Deck entries must be received 30 minutes prior to the beginning of the session. Swimmers who have deck entered an event will be placed in open lanes in existing heats in the order they are received. Events will not be re-seeded and new heats will not be created to accommodate deck entries. Swimmers who scratch one event and enter another event to replace it will be charged deck entry fees. Deck entries count towards the total day/meet entry limit.
- TIME TRIALS:** **\$10 for each individual event (\$2 goes to OKS).** Time Trials are offered at the discretion of the Meet Referee and the Meet Director and ONLY if time permits. A swimmer who is not previously entered in the meet must also pay the \$20 surcharge and show proof of USA Swimming membership. Time Trials must be received 120 minutes after to the beginning of the session. Time Trials are conducted at the conclusion of each day's session. Time trials begin 10 minutes after the conclusion of the session. Time trials count toward the total day/meet entry limit.
- ENTRY DEADLINE:** All entries must be submitted by Thursday, May 9<sup>th</sup> 2019, at 11:59 pm CDT.
- ENTRY FORMS:** Please submit your entries via email to [JTSCentries@gmail.com](mailto:JTSCentries@gmail.com) using TeamUnify, Team Manager (TM), or other appropriate .sdif file. All entry files must include the name of the Club Entry Chair, Phone Number and Email Contact Information.

**FORMAT:** This is a Timed-Finals meet. Friday’s events (12 & Under 200 IM, Open 400 IM, Open 400 Free) will be swam Fast to Slow, alternating Girls and Boys. Last heats may be combined. The 1500 will Fast to Slow, and be split- Girls on Saturday, Boys on Sunday.

Events notated as “Senior” are for athletes ages 13 & Over only.

**POSITIVE CHECK-IN:** Positive check-in will be required for the Open 400 IM, 12 & Under 200 IM, Open 400 Free, and Senior 1500. Positive Check-In closes 45 minutes before the scheduled start of the session.

**TIMING ASSIGNMENTS:** JTSC will provide timers for all events, except the 1500 freestyle. Teams must provide their own timers (2) and counter for each 1500 swimmer.

**MEET TIMES:**

DAY	WARM UP	STARTS & SPRINTS	MEET START
FRIDAY	4:15 – 4:50 PM	4:50 – 5:00 PM	5:15 PM
SAT/SUN AM WARM-UP	7:00 – 8:00 AM	8:00 – 8:10 AM	8:20 AM
SAT/SUN PM WARM-UP (NOT BEFORE 1:00PM)	1:00 – 2:00 PM	2:00 – 2:10 PM	2:20 PM

**Final warm-up assignments will be emailed to all coaches/team representatives and posted on the Jenks Trojan Swim Club website [www.jenksswimclub.com](http://www.jenksswimclub.com) by 5/14/19.**

**WARM-UP PROCEDURES:** Oklahoma Swimming warm-up procedures will be enforced. Only swimmers entered in individual events in each session may participate in that session’s warm-up period. All swimmers must be under the direct supervision of a USA Swimming registered coach.

**WARM UP GUIDELINES: PRE- MEET and GENERAL WARM –UP SESSIONS**

- Control/Supervise: Key words for safe warm-ups.
- A designated supervisor shall be on deck during the entire warm-up period.
- Marshalls will be actively supervising the warm-ups to ensure proper procedures are followed.
- Swimmers shall enter the water feet first except for starts which are limited to specified lanes or times.
- No paddles buoys or kick boards are allowed.
- In facilities that have a warm-up/warm down area different from the competition pool, meet management shall provide supervision pursuant to the rules at all times.

- No diving in lanes other than those designated for racing starts in an unassigned warm up session.
- Starting blocks will be marked to remind swimmers that they should not dive in lanes other than the designated lanes.
- The Meet Announcer may announce lane changes and /or warm- up changes.
- Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.
- Marshalls have the authority through the Meet Director and Meet Referee over warm-up. A swimmer and/or coach may be removed from the deck for interfering with the Marshall.
- The Meet Referee shall have the responsibility to establish and enforce rules for safe conduct within the competitive pool area during the duration of the swimming competition.
- There shall be at least one Marshall at each end of the warm up area to ensure the warm- up procedures will be followed.
- Warm-up procedures shall be enforced for any breaks scheduled during the competition

**STARTS AND SPRINTS:**

Starts and Sprints will be conducted at the times as referenced. Starts and sprints will be permitted in all SPRINTS: warm up lanes. Please refer to the information regarding starts and sprints. During sprints, swimmers will start from the starting blocks, exit at the 15-meter mark and walk back to the start area. Warm-up information will be posted at the Clerk of Course area and the athlete bleacher area. One-way Sprints in lanes 3, 4, 5 and 6. Pace swim in lanes 1, 2, 7 and 8.

**RULES:**

Rules contained in the 2019 USA-S Rules and Regulations shall govern the meet.

**AWARDS:**

Awards will be given to the Top 8 Swimmers in each 12 & Under Event for the following age groups: 8 & Under, 9-10, 11-12.

**FINAL RESULTS:**

Results to SWIMS file will be sent electronically the OKS SWIMS Chair within 24 hours. OKS directs the complete meet results will be provided to the attending club and or unattached contacts as well as the OKS reporting group within 24 hours of completion of the meet. Complete results in publication format including splits will be given in the meet results. Results for TM, MM, BKUP of the meet will be given to each attending club.

**MEET PROGRAM:**

Vouchers for all 5 sessions will be sold for \$10.00. You may also purchase the individual session's seeded heat sheets separately for \$5.00.

**CONCESSIONS:** Concessions will be available for swimmers and spectators. Concessions may be closed during the 1500s.

**HOSPITALITY:** There will be a hospitality area available for officials and coaches working the meet.

**DISABILITIES:** Jenks Trojan Swim Club welcomes athletes with disabilities. Please alert the Meet Director to any accommodations that may be required at the entry deadline.

**DECK ACCESS:** Access to the pool/deck area will be limited to athletes, coaches, officials, timers and OKS representatives working the meet. Officials must show their current USA-S registration card or deck pass in order to receive deck privileges. Parents and other non-swimmers not involved in the running of this meet are requested to remain in designated spectator areas. Non – Athlete Registration cards do NOT grant parents access to the pool deck at any time.

The Meet Director and Meet Referee reserve the right to limit deck access in the event of overcrowding, inappropriate behavior or for any reason concerning the safety or the efficient operation of the meet. USAS Rules of Conduct will be strictly enforced.

**DECK CHANGING:** Per Rule 202.4.9.1, deck changes are prohibited.

**SAFETY:** Activities in the pool area that may result in injury are prohibited. Event Marshals will be appointed to monitor the activities of swimmers and spectators during warm-ups and the meet, and are empowered by the safety rules of OKS to enforce the safety procedures. Repeated violations or activities that are considered to be sufficiently dangerous may result in ejection from the meet. Access to the pool/deck area will be limited as previously described. Swimmers failing to comply with the above safety rules are subject to disqualification and/or expulsion from the meet at the discretion of the Meet Referee. There are no cameras allowed behind the block including above from the mezzanine.

Any one requesting access to the competition deck area for the purposes of team or individual photography must notify the Meet Director in advance in order to receive clearance. Non-Athlete Membership status is required for consideration for access for photographic purposes. Access will be restricted so as to not allow for any interruption of the successful conduct of the meet. All other photographic opportunities must be conducted from the spectator seating area. It is the responsibility of the coach and athlete to acquaint themselves with all of the information contained in the Meet Letter document.

- CODE OF CONDUCT:** Any individual who exhibits behavior of a threatening, abusive or derogatory manner toward an official or member of the meet operations committee is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective team's parents whose behavior may be detrimental to the conduct of the meet.
- Anyone found to be misrepresenting themselves as a certified coach will be removed from the deck. The Code of Conduct for USA Swimming as outlined in Article 304.2 and 304.3 will be enforced at the meet.
- Per Rule 202.4.9.H, use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms
- RELEASE:** In granting this sanction, it is understood and agreed that USA Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Oklahoma Swimming Inc., all officials, the Jenks Trojan Swim Club, Jenks Community Education, Jenks Public Schools, and the Jenks Aquatic Center shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proven, will cause the offending swimmer or swimmers, if unattached, or the offending swimmer's club if attached, to be accountable for repairs.
- FACILITIES:** 50-meter x 25 yard. 1 (or two) competition pool(s) of 8 lanes, with minimum depth of 8 feet (extending 4 feet from the start) and maximum depth of 7 feet at the turning end (25y pool). 1 6-lane warm-up/cool down pool with 25-meter lanes. 6-inch diameter Anti no-turbulence lane ropes. Deck-level overflow gutters with raised parapet at start ends. Medium Pressure UV sanitation. Evacuator Air-handling system. Omega starting platforms with adjustable Track Start footrest and backstroke wedge. Omega Timing System with FINA touchpads at start and turn ends; 2 8-lane alpha-numeric multi-color LED scoreboards. The course has been certified in accordance with 104.2.2C(4). The Copy of such certification is on file with USA-Swimming.
- DRONE USE:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pool, athletes/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- SPECIAL ANNOUNCEMENTS:** The Jenks Trojan Aquatic Center is located on Jenks Public Schools property. Jenks Public Schools is a Tobacco-Free Zone. The use of tobacco products is strictly prohibited in all areas of Jenks Public Schools property, including parking

lots, walkways, and outdoor areas. The possession of weapons or firearms upon a person or in a vehicle on JPS property is a felony offense.

**HOTEL INFORMATION:**

**Holiday Inn Express & Suites Jenks – 1 Mile (from Aquatic Center)**

150 Aquarium Drive  
Jenks OK 74037  
(918) 296-7300

**SpringHill Suites by Marriott Tulsa Hills – 4 Miles (from Aquatic Center)**

1521 West 80th Street South  
Tulsa OK 74132  
(918) 392-8100

**Holiday Inn Express & Suites Glenpool – 6 Miles (from Aquatic Center)**

12209 S Yukon Avenue  
Glenpool OK 74033  
(918) 296-7000

**Holiday Inn Express & Suites Woodland Hills – 11 Miles (from Aquatic Center)**

9031 E 71st Street  
Tulsa OK 74133  
(918) 392-8138

**Courtyard by Marriott Woodland Hills – 11 Miles (from Aquatic Center)**

9041 E 71st Street  
Tulsa OK 74133  
(918) 994-4500

**ASK FOR JENKS TROJAN SWIM CLUB RATE**

**DISCOUNT RATE AVAILABLE UP TO 2 WEEKS BEFORE EVENT DATE**

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**FRIDAY, MAY 17, 2019 - PM Session**


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Girls	Event	Boys
1	Senior 400 IM*	2
3	12 & Under 200 IM*	4
5	Senior 400 Free*	6

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**SATURDAY, MAY 18, 2019 - AM Session**


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Girls	Event	Boys
7	12 & Under 100 Free	8
9	12 & Under 50 Fly	10
11	12 & Under 100 Back	12
13	12 & Under 50 Breast	14

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**SATURDAY, MAY 18, 2019 - PM Session**


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Girls	Event	Boys
15	Senior 200 Free	16
17	Senior 200 Fly	18
19	Senior 100 Back	20
21	Senior 200 Breast	22
23	Senior 50 Free	24
	10 MINUTE BREAK	
25	Senior Girls 1500 Free*	

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**SUNDAY, MAY 19, 2019 - AM Session**


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Girls	Event	Boys
27	12 & Under 100 Fly	28
29	12 & Under 50 Free	30
31	12 & Under 100 Breast	32
33	12 & Under 50 Back	34
35	12 & Under 200 Free	36

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**SUNDAY, MAY 19, 2019 - PM Session**


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Girls	Event	Boys
37	Senior 200 IM	38
39	Senior 200 Back	40
41	Senior 100 Fly	42
43	Senior 100 Breast	44
45	Senior 100 Free	46
	10 MINUTE BREAK	
	Senior Boys 1500 Free*	26

\*Events are Positive Check-In, and will be swum fastest to slowest, alternating Girls and Boys