



## **BATTLE IN THE ICT**

### **October 6 – 7, 2018**

**Host:** Wichita Aqua Shocks

**Dates:** **October 6-7, 2018**

**Sanction:** Held under the Sanction of Missouri Valley Swimming, Inc. on behalf of USA Swimming, Inc., Sanction Number MV-18-74

**Location:** Wichita State University  
Heskett Center  
Wiedemann Natatorium  
<http://www.wichita.edu/online/map2.html>  
1845 N. Fairmont  
Wichita, KS 67260-0062

**Type of Meet:** Senior and Age Group ABC Meet; no Time Standards

**Course:** 25-yard, six lane indoor pool; pool depth at the start end and turn end is 4'6"; Colorado electronic timing system with six line scoreboard; warm-up and cool down area will be available. The course has not been certified in accordance with 104.2.2C(4).

**Rule Authority:** 2018 United States Swimming Rules and Regulations and 2018 Missouri Valley Swimming Rules will govern the meet. Missouri Valley Swimming Safety Guidelines and Warm-Up Procedures will be in effect. The Missouri Valley Swimming Scratch Rule will apply.

Any swimmer entered in the meet unaccompanied by USA Swimmer member must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Deck changes are prohibited.**

**Use of audio or visual recording devices, including a cell phone, is NOT permitted in changing areas, rest rooms, or locker rooms.**

**Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.**

**General:** It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Starting Times:** Saturday - Session 1 and Sunday - Session 4  
- Warm-Ups: 7:30 AM  
- Meet Start: 8:30 AM  
Saturday - Session 2  
- Warm-Ups: TBD but not before 12:00 PM  
- Meet Start: TBD but not before 12:30 PM  
Saturday Afternoon - Session 3  
- Warm-Ups: TBD but not before 1:45 PM  
- Meet Start: TBD but not before 3:00 PM  
Sunday Afternoon - Session 5  
- Warm-Ups: TBA but not before 12:00 PM  
- Meet Start: TBA but not before 1:15 PM

**Eligibility:** Swimmers must be 2018 members of USA Swimming. The swimmer's age as of Saturday, October 6, 2018, determines their age for the meet.

**Coach Membership:** Each coach must be able to prove to the satisfaction of the referee that (s)he holds a current USA Swimming Coach Membership, and that all certifications exist to be on deck at the meet. Current membership cards shall be displayed and visible at all times during the meet.

**Entries:** Meet will be limited to 400 swimmers with entries on a first-come, first-served basis. No team will be split.

**Entry Limit:** Swimmers may swim five (5) individual events each day. Swimmers in the "8 & Under" age group may swim in "10 & Under" age group events, but may not exceed the limit of 5 individual events.

**Entry Forms:** Entries should be submitted via email in a Hy-Tek compatible file accompanied by entry summary sheets with all entry times shown in yards by the entry deadline to:

Steve Buehne: [aquashocks@hotmail.com](mailto:aquashocks@hotmail.com)

with a follow-up "Meet Summary" mailed by the entry date. Teams should ensure that all entries (Hy-Tek file or MVS entry forms) are accompanied with fee payment and are received by the entry deadline.

**Entry Fees:** \$4.50 per Individual Event

**\$5.00** per Swimmer Surcharge

Deck Entry Fees if empty lanes are available:  
\$7.00 per Individual Event

**Payment:** Make meet entry checks payable to "Wichita Aqua Shocks"

Send checks and entries to: Wichita Aqua Shocks  
P.O. Box 549  
Derby, KS 67037  
Phone: 316-641-4301  
Email: [aquashocks@hotmail.com](mailto:aquashocks@hotmail.com)

**Entry Deadline:** Entries must be received no later than Sunday, September 30, 2018

**Seeding:** This meet will be pre-seeded. There will not be a Clerk of the Course.

**Warm-Ups:** Warm-Up lanes will be assigned. Warm-Ups will be split if necessary and teams will be advised of their warm-up times. Coaches will be notified by email of warm-up times and lane assignments.

During general warm-ups, the following MVS safety rules will apply:

- All lanes are general warm-up only;
- Circle swimming only;
- ***Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for that session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up."*** The referee will designate specific times when one-way starts may be executed.
- No diving, use of the starting blocks, or racing starts off the edge of the pool.

At anytime during general warm-ups, the coach of a team in control of any lane may convert the team's lane into a sprint lane by:

- Removing all swimmers in that lane from the water;
- Informing coaches in adjacent lanes;
- Informing the Safety Marshal; and
- Following all guidelines for sprint lanes.

**Awards:** **High point:** High point trophies will be given to the top male and top female in 8&U and individual age groups 9, 10, 11, 12, 13, 14, 15 and 16. (Only 8&U events on Saturday will count toward high point.)

**High point scoring:** 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

All awards must be picked up by swimmers or coaches by the end of the meet. No awards will be mailed.

### **Safety Guidelines:**

Participating teams shall be assigned to specific lanes for the warm-up period based on number of participants.

Swimmers without a coach at the meet must check in with the Referee and will be assigned to a coach during the warm-up portion of the meet.

The coaches of the teams assigned to each lane shall determine the warm-up procedure for that lane.

If coaches in a lane cannot agree on a warm-up procedure, the session referee should be consulted and shall define that lane's procedure. The decision of the session referee will be final.

Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for the session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm-up.

Swimmers may perform racing starts as determined by the coaches monitoring warm-ups for that lane. Backstroke swimmers shall ensure that they are not starting at the time that a swimmer is on the blocks. Swimmers shall not step onto the starting blocks if a backstroke swimmer is waiting to start.

Coaches shall continually supervise their swimmers during all warm-up sessions. Swimmers or coaches not following the prescribed warm-up procedures or directions of marshals or USA Swimming officials may be barred from the use of the warm-up area.

When using the side lanes for warming up or down during the meet, swimmers shall not perform racing starts and must circle swim.

Warm-up areas are for the use of USA Swimming registered swimmers only and are not to be used as a cooling off area by spectators. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not permitted.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Meet Director:** Angela Broadrick  
Email: broadrickfamily4@yahoo.com

**Meet Referee:** Dave Gantenbein  
**Email:** [dgrantkake@gmail.com](mailto:dgrantkake@gmail.com)  
316-259-7844

**Administrative Official:** Brenda Thome  
Email: bbthome@gmail.com

**Safety Marshal:** With assistance from the WSU Heskett Center Aquatic Staff

**Results:** Final results will be posted on the MVS website and may include the swimmer's name, age, times and USA Swimming number.

**SATURDAY AM – SESSION 1**

Warm-Ups begin @ 7:30AM - Meet @ 8:30 AM

**Women**

**Men**

|    |         |           |    |
|----|---------|-----------|----|
| 1  | 9 & 10  | 200 IM    | 2  |
| 3  | 11 & 12 | 200 IM    | 4  |
| 5  | 9 & 10  | 50 Free   | 6  |
| 7  | 11 & 12 | 50 Free   | 8  |
| 9  | 9 & 10  | 50 Breast | 10 |
| 11 | 11 & 12 | 50 Breast | 12 |
| 13 | 9 & 10  | 50 Back   | 14 |
| 15 | 11 & 12 | 50 Back   | 16 |
| 17 | 9 & 10  | 50 Fly    | 18 |
| 19 | 11 & 12 | 50 Fly    | 20 |
| 21 | 9 & 10  | 200 Free  | 22 |
| 23 | 11 & 12 | 200 Free  | 24 |

**SATURDAY PM – SESSION 2**

Warm-Ups not before 12:00 PM – Meet not before 12:30 PM

**Women**

25  
27  
29  
31  
33  
35  
37  
39  
41

8 & U 50 Fly  
8 & U 25 Back  
8 & U 50 Breast  
8 & U 25 Free  
8 & U 100 IM  
8 & U 25 Fly  
8 & U 50 Back  
8 & U 25 Breast  
8 & U 50 Free

**Men**

26  
28  
30  
32  
34  
36  
38  
40  
42

**SATURDAY PM – SESSION 3**

Warm-Ups not before 1:45 PM – Meet Starts not before 3:00 PM

**Women**

43  
45  
47  
49  
51

13 & Over 200 IM  
13 & Over 100 Free  
13 & Over 100 Breast  
13 & Over 200 Fly  
13 & Over 100 Back

**Men**

44  
46  
48  
50  
52

**SUNDAY AM- SESSION 4**

Warm-Ups begin @ 7:30AM - Meet @ 8:30AM

**Women**

53  
55  
57  
59  
61  
63  
65  
67  
69  
71

10 & U 100 Breast  
11 & 12 100 Breast  
10 & U 100 Free  
11 & 12 100 Free  
10 & U 100 Fly  
11 & 12 100 Fly  
10 & U 100 Back  
11 & 12 100 Back  
10 & U 100 IM  
11 & 12 100 IM

**Men**

54  
56  
58  
60  
62  
64  
66  
68  
70  
72

**SUNDAY PM- SESSION 5**

Warm-Ups not before 12:00 PM – Meet Starts not before 1:15 PM

**Women**

73  
75  
77  
79  
81

13 & Over 200 Back  
13 & Over 50 Free  
13 & Over 200 Breast  
13 & Over 100 Fly  
13 & Over 200 Free

**Men**

74  
76  
78  
80  
82