



***2018 Missouri Valley  
Long Course District Championships - West  
July 20 – 22, 2018***

**Hosted by:  
Wichita Swim Club**

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**Entry Deadline  
05:00 PM CST, Monday July 16, 2018**

## GENERAL INFORMATION

### *2018 Missouri Valley Long Course District Championships West*

#### ORDER OF EVENTS

##### FRIDAY

Warm Up 9:00AM	Session 1	Meet Start 10:15AM	Warm Up 12.30PM	Session 2	Meet Start 1:45PM
Women	13 & Over	Men	Women	12 & Under	Men
1	13-14 400 IM	2	17	11-12 400 Free	18
3	Senior 400 IM	4	19	10 & Under 50 Breast	20
5	13-14 100 Breast	6	21	11-12 50 Breast	22
7	Senior 100 Breast	8	23	10 & Under 50 100 Free	24
9	13-14 200 Free	10	25	11-12 100 Free	26
11	Senior 200 Free	12	27	10 & Under 50 Fly	28
13	13-14 100 Fly	14	29	11-12 50 Fly	30
15	Senior 100 Fly	16			

##### SATURDAY

Warm Up 8:00AM	Session 3	Meet Start 9:15AM	Warm Up 11.30AM	Session 4	Meet Start 12:45PM
Women	13 & Over	Men	Women	12 & Under	Men
31	13-14 200 IM	32	51	11-12 200 IM	52
33	Senior 200 IM	34	53	10 & Under 200 IM	54
35	13-14 50 Free	36	55	11-12 100 Back	56
37	Senior 50 Free	38	57	10 & Under 100 Back	58
39	13-14 200 Breast	40	59	11-12 50 Free	60
41	Senior 200 Breast	42	61	10 & Under 50 Free	62
43	13-14 100 Back	44	63	11-12 100 Breast	64
45	Senior 100 Back	46	65	10 & Under 100 Breast	66
47	13-14 400 Free	48			
49	Senior 400 Free	50			

##### SUNDAY

Warm Up 8:00AM	Session 5	Meet Start 9:15AM	Warm Up 11.30AM	Session 6	Meet Start 12:45PM
Women	13 & Over	Men	Women	12 & Under	Men
67	13-14 200 Back	68	81	11-12 200 Free	82
69	Senior 200 Back	70	83	10 & Under 200 Free	84
71	13-14 100 Free	72	85	11-12 50 Back	86
73	Senior 100 Free	74	87	10 & Under 50 Back	88
75	13-14 200 Fly	76	89	11-12 100 Fly	90
77	Senior 200 Fly	78	91	10 & Under 100 Fly	62
79	13 & Over 800 Free				
	13 & Over 1500 Free	80			

**SANCTION:**

Held under the Sanction of Missouri Valley Swimming, Inc. on behalf of USA Swimming, Inc. This is a closed Championship competition for only Missouri Valley Swimming Athletes.

Sanction Number: MV-18-68

Time Trials Sanction No: MV-18-69TT

**LOCATION:** Garvey Aquatic Center, 8323 East Douglas Ave, Wichita KS, 67207

**FACILITY:**

50 meter pool with 8 lanes. Non-turbulent lane lines. Daktronics 2000 Timing System with 2 back-up timers per lane and an 8 line scoreboard will be used. Racing course is 8 feet deep in the deep end (start end) and 4 feet deep in the turn end. The competition course has been certified in accordance with 104.2.2C(4). The minimum water depth for racing starts shall be measured in accordance with Article 103.2.3.

**CONTACTS & ADMINISTRATION**

**Meet Director:**

Jae Davis

[meetdirectorwsc@gmail.com](mailto:meetdirectorwsc@gmail.com)

**Meet Referee:**

Phil Knapp

[meetdirectorwsc@gmail.com](mailto:meetdirectorwsc@gmail.com)

(316) 683-1491

**Meet Entry Chair:**

Alison Pick

[entries@wichitaswimclub.org](mailto:entries@wichitaswimclub.org)

**Administrative Official:**

Andie Clark

[meetdirectorwsc@gmail.com](mailto:meetdirectorwsc@gmail.com)

**Safety Marshal:**

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**PROGRAMS:** Meet programs will be available for sale.

**MEETING SCHEDULE:** Coaches meetings may be held 15 minutes prior to the start of each session and/or other times as requested by the MVS Coaches Representatives, or the Senior Vice Chair, or the Age Group Vice Chair, or as deemed necessary by the Meet Referee.

**TIMING ASSIGNMENTS:** Timers will be required from each team based on the number of attendees. **Swimmers must provide their own timers and counters for the 800 and 1500 freestyle events. (800 and 1500 freestyle events swum in evening finals will not need to provide their own timers)**

## **ENTRY PROCEDURES**

### **QUALIFYING TIMES / ELIGIBILITY:**

Swimmers entering the meet must have at least one MVS District Championship qualifying time in Short Course (SCY or SCM) or Long Course (LCM) by the entry deadline in order to enter the meet.

Swimmers who have achieved a SCY or SCM qualifying time, but not the LCM qualifying time, shall enter with the time they have actually achieved. The entry report must clearly note the submitted time as a SCY or SCM time.

[Qualifying times are available on the Missouri Valley Swimming website.](#)

**PROOF OF TIME PENALTIES:** *Date and location of qualifying swims **MUST** be clearly indicated on all entries, either in the space provided on the MVS Entry & Proof sheet or on the Hy-Tek Team Manager Best Times Report accompanying the team entry report and disk.* For each entry received without a proof-of-time, it will be presumed that "No Proof" is available. Refer to proof-of-time Penalties below. The meet host will be responsible for verification of times as provided by the MVS Records Chair in a database. Fines shall be payable to Official meet results for all meets sanctioned by MVS during the 2018 long course season, 2017-2018 short course season, and the 2017 long course season, with the exception of meets held under league blanket sanctions and permitted observed high school swims, will be available at the proof-of-time table for use in proving times. Swimmers and clubs using qualifying swims from meets held outside of Missouri Valley or in meets held under league blanket sanctions or in any meet held prior to the 2018 long course season must bring the applicable meet results for use as proof-of-time.

**PENALTIES:** In individual events, if the swimmer does not achieve the slowest qualifying time and cannot prove the entry time, penalties will be assessed as follows:

- 1) For the first missed qualifying time, the swimmer's club shall pay a \$25 fine to Wichita Swim Club. This fine must be paid prior to the beginning of the next day's events.
- 2) For the second missed qualifying time, the swimmer's club shall pay an additional fine of \$50 and he/she shall be barred from the remainder of the meet.
- 3) Swimmers barred from the remainder of the meet are ineligible to participate in all subsequent swims.

The MVS Records Chair may, at his/her discretion, rescind fines upon receiving adequate proof of qualifying swim after the conclusion of the meet. This discretion does not extend to allowing a swimmer to continue to compete who has failed to prove qualifying swims for two (2) events that did not achieve the slowest qualifying time. MVS clubs are responsible for all proof-of-time fines incurred by swimmers representing their group and must pay such fines prior to entering future championship competitions sponsored by Missouri Valley.

**BONUS SWIMS:** Each swimmer achieving and entering a minimum of one District qualifying time shall be allowed to enter a maximum of two (2) additional bonus events in which he/she has not achieved the District qualifying time. No bonus swims will be allowed in events longer than 200 meters, and a swimmer must have a provable time in the USA Database for that event. Bonus swims must be clearly noted in the following manner:

When entering an event as a "bonus event," the swimmer's entry should be clearly indicated as such by utilizing the "Bonus" feature in their team management software. The entry time for such events shall be the swimmers best time in that event.

**1500/800 ELIGIBILITY:** For the 1500-meter freestyle, entries will be accepted using either the 1500- or the 800-meter freestyle qualifying time. Seeding will be done using the 1500-meter time with those entries using the 800 time being seeded in the slowest heats. For the 800-meter freestyle, entries will be accepted using either the 800- or the 1500-meter freestyle qualifying time. Seeding will be done using the 800-meter time with those entered with the 1500-meter proof-of-time being seeded in the slowest heats. **These entries must be explained to the entry chair in the body of the email accompanying the team's entry file.**

**ENTRY LIMIT:** A swimmer may enter all events for which he/she qualifies. Swimmers may swim a maximum of **five (5)** individual events per day.

**AGE-UP RULE:** Swimmers aged 10, 12, or 14 who age up from 7/20/2018 (first day of meet) to 7/26/2018 (first day

of LC Championships) with times too fast to qualify for this championship meet will be allowed to compete in this meet under the following conditions:

- 10, 12, or 14 year old swimmers who do not qualify for an event in their new age group at Missouri Valley Long Course Championships may enter it in this meet
- 10, 12, or 14 year old swimmers aging up between championship meets will be seeded correctly by time in that event, however, they will swim exhibition only and will not be eligible to receive an award.

The swimmer may, however, compete in only one age group in the District Championship meet. Any such entries must be clearly marked and explained in the space provided for proof of time on the entry sheet or noted on the Hy-Tek printout.

**ENTRY DEADLINE:** All entries must be received by the Entries Chair no later than **Monday July 16, 2018 at 5:00 PM**

**ENTRY FEES:** Entry fees are \$4.50 per individual event. Time trial fees are \$9.00 per individual event. Fees must be paid with the entry and are non-refundable.

**FACILITY SURCHARGE:** A facility fee of \$5.00 will be assessed for all swimmers.

Make checks payable to: NLU Swim Team  
Mail Payment to:  
Wichita Swim Club  
8323 East Douglas Ave  
Wichita, KS 67207

**ENTRY FORMS SUBMISSION PROCESS:** All entries must be submitted to the Entry Chair via email to [entries@wichitaswimclub.org](mailto:entries@wichitaswimclub.org) using the host-provided HYTEK meet event file OR an sd3 or hyv HYTEK compatible event file. Entries will **only** be accepted from Missouri Valley registered teams and unattached swimmers. Entries from units within a Missouri Valley team or entries from individuals within a team are not permitted.

The top 2 swimmers in each event will automatically qualify for the Long Course Championship meet in that event if they do not achieve the LC Championships standard, Coaches must enter those athletes by using the special instructions outlined in the OME.

## **MEET PROCEDURE**

**RULES:** Current USA Swimming and Missouri Valley Swimming Rules and Regulations will govern the conduct of these Championships and will serve as the official guide for technical and procedural rules. The starting procedure and 'no recall' provision of USA Swimming Rules shall be used.

Flyover starts may be used for all events. The meet will be paced at the discretion of the Meet Referee. At the request of the swimmer's coach and at the discretion of the Meet Referee, at least 15 minutes may occur between swims for the same individual.

**MEMBERSHIP REQUIREMENT:** Current (2018) USA Swimming membership is required for coaches and working officials to be on deck. Coaches must be current with all safety certifications and background check requirements. At the request of the Meet Referee or special designee, coaches and officials must present their USA Swimming credentials. Persons without a valid 2018 USAS Coach Membership will not be allowed access to the deck area and will not be allowed to participate in any coaching capacity.

Any swimmer entered in the meet unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SEEDING PROTOCOL:** The meet will be pre-seeded except those events that require positive check-in.

Entries will be seeded according to USA Swimming rules and regulations (rule 102.5) and this meet announcement. Seeding priority for this meet will be:

1. LCM
  2. SCM
  3. SCY
  4. LCM Bonus
  5. SCM Bonus
  6. SCY Bonus
- The lowest seeding priority for this meet is SCY Bonus.

**FORMAT:** The meet will consist of Timed Finals seeded slowest to fastest with the following exceptions:

The 800-meter freestyle and the 1500-meter freestyle will be swum together alternating heats, fastest seed to slowest seed. These 13 & Over events will be swum together, but scored and awarded based on 13-14 and Senior age groups.

**SCRATCH RULES:**

Each coach and/or unattached swimmer will be provided with Hy-Tek printouts of team entries by swimmer and scratch sheets for each session. It is the responsibility of each coach and/or swimmer to indicate which events are to be scratched by which swimmers and to return the sheets to the Clerk of the Course by the scratch deadline prior to each session.

**SESSION WARM UPS AND START TIMES:**

Day	Session	Warm-up	Meet Start	Session	Warm-up	Meet Start
Friday	13-Over Timed Finals	9:00am	10:15am	12-Under Timed Finals	Not Before 12:30pm	Not Before 1:45pm
Saturday	13-Over Timed Finals	8:00am	9:15am	12-Under Timed Finals	Not Before 11:30am	Not Before 12:45pm
Sunday	13-Over Timed Finals	8:00am	9:15am	12-Under Timed Finals	Not Before 11:30am	Not Before 12:45pm

**WARM-UP PROCEDURE & SAFETY GUIDELINES:** The meet host will provide a complete schedule of warm-up procedures to include lane usage and times, and must be adhered to by all participants. This information will be distributed with the meet information at registration, posted throughout the venue, announced on a regular basis before and during the meet, and monitored jointly by the Meet Director and Meet Referee (or their special designees).

Missouri Valley Swimming Safety Guidelines and Warm-up procedures will be in effect. The Meet Announcer will be available during the warm-up sessions to assist with announcing procedures and conduct of the warm-up period.

Swimmers without a coach at the meet must check in with the Meet Referee and will be assigned to a coach during the warm-up portion of the meet.

The coaches of the teams assigned to each lane shall determine the warm-up procedure for that lane. If coaches in a lane cannot agree on a warm-up procedure, the session referee should be consulted and shall define that lane's procedure. The decision of the referee will be final.

Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for the session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm-up.

Swimmers may perform racing starts as determined by the coaches monitoring warm-ups for that lane. Backstroke swimmers shall ensure that they are not starting at a time that a swimmer is on the blocks. Swimmers shall not step onto the starting blocks if a backstroke swimmer is waiting to start.

Coaches shall continually supervise their swimmers during all warm-up sessions. Swimmers or coaches not following the prescribed warm-up procedures or directions of marshals or USA Swimming officials may be barred from use of the warm-up area.

When using the side lanes for warming-up or down during the meet, swimmers shall not perform racing starts and must circle swim.

## **AWARDS**

### **INDIVIDUAL EVENTS:**

Medals for 1<sup>st</sup> through 3<sup>rd</sup> for individual events

Ribbons for 4<sup>th</sup>-8<sup>th</sup> for individual events

**FINAL RESULTS:** Final results will be posted on the Missouri Valley website and may include the swimmer's name, age, and times.

**TIME TRIALS:** Time trials will be available if time permits at the conclusion of each session each day. Time trials shall be restricted to those individuals who have a reasonable expectation of achieving an LSC Championship qualifying time or faster. A time trial swim counts as a swim toward the total number of swims permitted per day. Swimmers not entered in the meet are welcome to the time trials. However, in the discretion of the Meet Director and Meet Referee these swimmers will only be allowed to participate in time trial events following the afternoon sessions. Time trials will count towards the (5) day event total.

The order of events for the time trials shall be as follows:

**Friday:** Friday events; Saturday events; Sunday events

**Saturday:** Saturday events; Sunday events; Friday events

**Sunday:** Sunday events; Friday events; Saturday events

**RULES AND REGULATIONS:** The pool deck will be "closed" to anyone not volunteering, officiating, or running the meet. USA Swimming credentials will be required to be on deck.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the blocks.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**OFFICIALS:** Attending Missouri Valley Swimming officials should come prepared to volunteer their services. Teams attending the meet should contact the Meet Director with the names of officials who are available through their team. There will be an officials meeting one hour prior to the start of each session. All officials working the session must be present at this meeting.

Officials must display a 2018 USA Swimming membership card while acting in any official capacity on the deck of the pool.