

2018 JTSC ALOHA MEET
MAY 18-20, 2018
MEET SANCTION #OK18-031
TIME TRIAL SANCTION #OK18-032

This event is held under the Sanction of USA-Swimming and Oklahoma Swimming.

HOST: Jenks Trojan Swim Club

LOCATION: **Jenks Trojan Aquatic Center**
495 North Birch Street (between "B" and "F" Streets)
Jenks, OK, 74037

MEET DIRECTOR: Ali Baker, ali.baker@jenksps.org 918-852-9830
Kent Keith, jkentkeith@aol.com 918-704-4877

ENTRY COORDINATOR: jtscentries@gmail.com (This email address is for ENTRIES ONLY)

MEET REFEREE: Craig Hanson, chansonok@outlook.com 918-607-4171

MEET ADMIN OFFICIAL: Eric Fenton, eric@southsidemowers.com 918-607-7953

ELIGIBILITY: The meet is open only to USA Swimming-registered swimmers. Swimmer's age as of May 18th 2018, determines age for the meet. No swimmer will be allowed to compete unless the swimmer is a member as provided in Article 302. All swimmers must be under the direct supervision of a USA Swimming registered coach. Any swimmer entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmer in attendance without a coach present: USA Swimming athlete members must be under the direct supervision of a USA Swimming member coach during warm up, competition and warm down. The Meet Director or the Meet Referee shall assist the athlete in making arrangements for such supervision. OKS warm-up procedures will be enforced.

JTSC will provide assistance to any athlete who applies for registration with Oklahoma Swimming through the Clerk of Course at this meet. Registration forms will be available at the Clerk of Course.

ENTRY LIMITS:

Each swimmer may enter a maximum of three (3) individual events each day with a maximum of eight (8) individual events over all days of the meet. Entries will be limited to the last team who submits their entries and reaches over the 500 swimmer limit. No team will be split.

Each team should make one check payable to: to Jenks Community Education "JCE" for all entry fees. NO individual checks will be accepted. Entry fees including any entry surcharges must be received prior to the start of the meet.

ALL mail requiring signature confirmation for delivery will NOT be accepted.

**Send entry payment to:
Jenks Trojan Swim Club
Attn: Austin Kelley
Jenks Trojan Aquatic Center
205 East B Street
Jenks, OK 74037**

ENTRY FEES:

Individual Event Entry fee is \$5.00 (\$2.00 goes to OKS Aquatic Fund) \$20.00 swimmer surcharge for each athlete participating in the meet.

The swimmer surcharge is required for all participants including relay only athletes.

DECK ENTRIES:

Deck entries will be accepted where space is available.

Deck entries will be \$10.00 per individual event (\$2.00 goes to OKS Aquatic Fund). A swimmer who is not previously entered in the meet must also pay the \$20 surcharge and show proof of USA Swimming membership. Deck entries must be received 30 minutes prior to the beginning of the session. Swimmers who have deck entered an event will be placed in open lanes in existing heats in the order they are received. Events will not be re-seeded and new heats will not be created to accommodate deck entries. Swimmers who scratch one event and enter another event to replace it will be charged deck entry fees. Deck entries count towards the total day/meet entry limit.

TIME TRIALS:

Time Trials are offered at the discretion of the Meet Referee and the Meet Director and ONLY if time permits.

\$10 for each individual event (\$2 goes to Oklahoma Swimming).

A swimmer who is not previously entered in the meet must also pay the \$20 surcharge and show proof of USA Swimming membership. Time Trials, if offered, are conducted at the conclusion of each day's session. Time trials begin 10 minutes after the conclusion of the session. Closing of time trials will be announced during each session if offered. Time trials count toward the total day/meet entry limit.

ENTRY DEADLINE:

All entries must be submitted by Thursday, May 10th 2018, at 11:59 pm CDT.

ENTRY FORMS: Please submit your entries via email to JTSCentries@gmail.com using TeamUnify, Team Manager (TM), or other appropriate .sdif file. All entry files must include the name of the Club Entry Chair, Phone Number and Email Contact Information.

FORMAT: This is a Timed-Finals meet for all age-groups.

POSITIVE CHECK-IN: Positive check-in will be required for all events. Each swimmer must highlight his/her name on the Sign in Sheet located in the entrance way to the facility at least 30 minutes before the start of each session. Failure to do so may result in the swimmer being scratched from that day's events.

TIMING ASSIGNMENTS: JTSC will provide timers for all events, except the 1500 freestyle. Teams must provide their own timers (2) and counter for each swimmer.

MEET TIMES:

| DAY | WARM UP | STARTS & SPRINTS | MEET START |
|--|-----------------|------------------|------------|
| FRIDAY | 4:15 – 4:50 PM | 4:50 – 5:00 PM | 5:15 PM |
| SAT/SUN AM WARM-UP | 7:30 – 8:10 AM | 8:10 – 8:20 AM | 8:30 AM |
| SAT/SUN PM WARM-UP (NOT BEFORE 12:30PM) | 12:30 – 1:20 PM | 1:20 – 1:30 PM | 1:45 PM |

Final warm-up assignments will be emailed to all coaches/team representatives and posted on the Jenks Trojan Swim Club website www.jenksswimclub.com by 5/15/18. Warm-up assignment will also be included in the meet program.

WARM-UP PROCEDURES: Oklahoma Swimming warm-up procedures will be enforced. Only swimmers entered in individual events in each session may participate in that session's warm-up period. All swimmers must be under the direct supervision of a USA Swimming registered coach. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement.

WARM UP GUIDELINES:

PRE- MEET and GENERAL WARM –UP SESSIONS

- Control/Supervise: Key words for safe warm-ups.
- A designated supervisor shall be on deck during the entire warm-up period.
- Marshalls will be actively supervising the warm-ups to ensure proper procedures are followed.
- Swimmers shall enter the water feet first except for starts which are limited to specified lanes or times.
- No paddles buoys or kick boards are allowed.

- In facilities that have a warm-up/warm down area different from the competition pool, meet management shall provide supervision pursuant to the rules at all times.
- No diving in lanes other than those designated for racing starts in an unassigned warm up session.
- Starting blocks will be marked to remind swimmers that they should not dive in lanes other than the designated lanes.
- The Meet Announcer may announce lane changes and /or warm- up changes.
- Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.
- Marshalls have the authority through the Meet Director and Meet Referee over warm-up. A swimmer and/or coach may be removed from the deck for interfering with the Marshall.
- The Meet Referee shall have the responsibility to establish and enforce rules for safe conduct within the competitive pool area during the duration of the swimming competition.
- There shall be at least one Marshall at each end of the warm up area to ensure the warm- up procedures will be followed.
- Warm-up procedures shall be enforced for any breaks scheduled during the competition

STARTS AND SPRINTS:

Starts and Sprints will be conducted at the times as referenced. Starts and sprints will be permitted in all SPRINTS: warm up lanes. Please refer to the information regarding starts and sprints. During sprints, swimmers will start from the starting blocks, exit at the 15-meter mark and walk back to the start area. Warm-up information will be posted at the Clerk of Course area and the athlete bleacher area. One-way Sprints in lanes 3, 4, 5 and 6. Pace swim in lanes 1, 2, 7 and 8.

RULES:

Rules contained in the 2018 USA-S Rules and Regulations shall govern the meet.

INDIVIDUAL AWARDS:

Ribbons will be awarded to the Top 8 swimmers for individual events in the morning sessions only.

FINAL RESULTS:

Results to SWIMS file will be sent electronically the OKS SWIMS Chair within 24 hours. OKS directs the complete meet results will be provided to the attending club and or unattached contacts as well as the OKS reporting group within 24 hours of completion of the meet. Complete results in publication format including splits will be given in the meet results. Results for TM, MM, BKUP of the meet will be given to each attending club.

MEET PROGRAM:

Psych sheets will be sold at the merchandise table for \$10. Psych sheets will contain coupons for seeded heat sheets to all 5 sessions. You may purchase a

\$10 psych sheet and receive free seeded heat sheets for all 5 sessions. You may also purchase the seeded heat sheets separately for \$5.00 each.

CONCESSIONS: Concessions will be available for swimmers and spectators. Concessions may be closed during the 1500s.

HOSPITALITY: There will be a hospitality area available for officials and coaches working the meet.

DISABILITIES: Jenks Trojan Swim Club welcomes athletes with disabilities. Please alert the Meet Director to any accommodations that may be required at the entry deadline.

POOL DECK

ACCESS: Access to the pool/deck area will be limited to athletes, coaches, officials, timers and OKS representatives working the meet. Officials must show their current USA-S registration card or deck pass in order to receive deck privileges. Parents and other non-swimmers not involved in the running of this meet are requested to remain in designated spectator areas. Non – Athlete Registration cards do NOT grant parents access to the pool deck at any time.

The Meet Director and Meet Referee reserve the right to limit deck access in the event of overcrowding, inappropriate behavior or for any reason concerning the safety or the efficient operation of the meet. USAS Rules of Conduct will be strictly enforced.

DECK CHANGING: Per Rule 202.4.9.1, deck changes are prohibited.

SAFETY: Activities in the pool area that may result in injury are prohibited. Event Marshals will be appointed to monitor the activities of swimmers and spectators during warm-ups and the meet, and are empowered by the safety rules of OKS to enforce the safety procedures. Repeated violations or activities that are considered to be sufficiently dangerous may result in ejection from the meet. Access to the pool/deck area will be limited as previously described. Swimmers failing to comply with the above safety rules are subject to disqualification and/or expulsion from the meet at the discretion of the Meet Referee. There are no cameras allowed behind the block including above from the mezzanine.

Any one requesting access to the competition deck area for the purposes of team or individual photography must notify the Meet Director in advance in order to receive clearance. Non-Athlete Membership status is required for consideration for access for photographic purposes. Access will be restricted so as to not allow for any interruption of the successful conduct of the meet. All other photographic opportunities must be conducted from the spectator seating

area. It is the responsibility of the coach and athlete to acquaint themselves with all of the information contained in the Meet Letter document.

CODE OF CONDUCT:

Any individual who exhibits behavior of a threatening, abusive or derogatory manner toward an official or member of the meet operations committee is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective team's parents whose behavior may be detrimental to the conduct of the meet.

Anyone found to be misrepresenting themselves as a certified coach will be removed from the deck. The Code of Conduct for USA Swimming as outlined in Article 304.2 and 304.3 will be enforced at the meet.

Per Rule 202.4.9.H, use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms

RELEASE:

In granting this sanction, it is understood and agreed that USA Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Oklahoma Swimming Inc., all officials, the Jenks Trojan Swim Club, Jenks Community Education, Jenks Public Schools, and the Jenks Aquatic Center shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proven, will cause the offending swimmer or swimmers, if unattached, or the offending swimmer's club if attached, to be accountable for repairs.

FACILITIES:

50-meter x 25 yard. 1 (or two) competition pool(s) of 8 lanes, with minimum depth of 8 feet (extending 4 feet from the start) and maximum depth of 7 feet at the turning end (25y pool). 1 6-lane warm-up/cool down pool with 25-meter lanes. 6-inch diameter Anti no-turbulence lane ropes. Deck-level overflow gutters with raised parapet at start ends. Medium Pressure UV sanitation. Evacuator Air-handling system. Spectrum starting platforms with adjustable Track Start footrest. Daktronics timing system (Omnisport 2000) with touchpads at start ends; 2 8-lane alpha-numeric multi-color LED scoreboards. The course has been certified in accordance with 104.2.2C(4). The Copy of such certification is on file with USA-Swimming.

DRONE USE:

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pool, athletes/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**SPECIAL
ANNOUNCEMENTS:**

The Jenks Trojan Aquatic Center is located on Jenks Public Schools property. Jenks Public Schools is a Tobacco-Free Zone. The use of tobacco products is

strictly prohibited in all areas of Jenks Public Schools property, including parking lots, walkways, and outdoor areas. The possession of weapons or firearms upon a person or in a vehicle on JPS property is a felony offense.

HOTEL INFORMATION:

Holiday Inn Express & Suites Jenks – 1 Mile (from Aquatic Center)

150 Aquarium Drive

Jenks OK 74037

(918) 296-7300

SpringHill Suites by Marriott Tulsa Hills – 4 Miles (from Aquatic Center)

1521 West 80th Street South

Tulsa OK 74132

(918) 392-8100

Holiday Inn Express & Suites Glenpool – 6 Miles (from Aquatic Center)

12209 S Yukon Avenue

Glenpool OK 74033

(918) 296-7000

Holiday Inn Express & Suites Woodland Hills – 11 Miles (from Aquatic Center)

9031 E 71st Street

Tulsa OK 74133

(918) 392-8138

Courtyard by Marriott Woodland Hills – 11 Miles (from Aquatic Center)

9041 E 71st Street

Tulsa OK 74133

(918) 994-4500

ASK FOR JENKS TROJAN SWIM CLUB RATE

DISCOUNT RATE AVAILABLE UP TO 2 WEEKS BEFORE EVENT DATE

FRIDAY, MAY 18, 2018

Warm up – 4:15-4:50PM

Sprints 4:50-5:00PM

Meet Starts at 5:15PM

| Girls | Event Schedule | Boys |
|-------|----------------------|------|
| 1 | Open 400 I.M.* | 2 |
| 3 | 12 & Under 200 I.M.* | 4 |
| 5 | Open 400 Free* | 6 |

* All Friday Events will be swum fastest to slowest *

SATURDAY, MAY 19, 2018

12 and Under Session

Warm up – 7:30-8:10AM

Sprints 8:10-8:20AM

Meet Starts at 8:30AM

| Girls | Event Schedule | Boys |
|-------|----------------------|------|
| 7 | 12 & Under 100 Free | 8 |
| 9 | 12 & Under 50 Fly | 10 |
| 11 | 12 & Under 100 Back | 12 |
| 13 | 12 & Under 50 Breast | 14 |

SATURDAY, MAY 19, 2018

Senior Session

Warm up – 12:30-1:20PM

Sprints 1:20-1:30PM

Meet Starts 1:45PM

(Meet begins an hour and 15 minutes after warm-up with 15 minutes included dead-water time)

| Girls | Event Schedule | Boys |
|-------|-------------------|------|
| 15 | Senior 200 Free | 16 |
| 17 | Senior 200 Fly | 18 |
| 19 | Senior 100 Back | 20 |
| 21 | Senior 200 Breast | 22 |
| 23 | Senior 50 Free | 24 |

BREAK

| | | |
|----|--------------------|----|
| 25 | Senior 1500 Free * | 26 |
|----|--------------------|----|

* The 1500 free will be swum fastest to slowest, alternating Girls and Boys *

SUNDAY, MAY 20, 2018

12 and Under Session

Warm up – 7:30-8:10AM

Sprints 8:10-8:20AM

Meet Starts 8:30AM

| Girls | Event Schedule | Boys |
|-------|-----------------------|------|
| 27 | 12 & Under 100 Fly | 28 |
| 29 | 12 & Under 50 Free | 30 |
| 31 | 12 & Under 100 Breast | 32 |
| 33 | 12 & Under 50 Back | 34 |
| 35 | 12 & Under 200 Free | 36 |

SUNDAY, MAY 20, 2018

Senior Session

Warm up – 12:30-1:20PM

Sprints 1:20-1:30PM

Meet Starts 1:45PM

(Meet begins an hour and 15 minutes after warm-up with 15 minutes included dead-water time)

| Girls | Event Schedule | Boys |
|-------|-------------------|------|
| 37 | Senior 200 I.M. | 38 |
| 39 | Senior 200 Back | 40 |
| 41 | Senior 100 Fly | 42 |
| 43 | Senior 100 Breast | 44 |
| 45 | Senior 100 Free | 46 |